



BOULDER MASTERS CYCLING TEAM PRESENTS
THE RABBIT MOUNTAIN TIME TRIAL
SUNDAY MAY 3, 2009
INDIVIDUAL & TEAM TIME TRIAL
HYGIENE COLORADO



ACA Permitted Cycling Race: CO-0912
 BAR / BAT Senior, Master, Junior
 ACA Racing Rules Apply
 Chief Referee: Todd Plummer

CATAGORIES

ON-LINE, PRE-REGISTRATION ONLY

Senior Men	Senior Women	Masters	Juniors	Citizens
SM Pro, 1, 2	SW 1, 2	SM 35+, SM 35+ 3, SM 35+ 4, SW 35+	JM 10-12, JW 10-12	Men 18 & under
SM 3	SW 3	SM 45+, SM 45+ 4, SW 45+	JM 13-14, JW 13-14	Men 19+ ...10 year age groups
SM 4	SW 4	SM 55+, SW 55+	JM 15-16, JW 15-16	Women 18 Under
		SM 65+, SW 65+	JM 17-18, JW 17-18	Women 19 + ... 10 year age groups

Start Times: First rider is out @ 7:30 am. Last individual start estimated by 11:00. Riders start individually at 30 second intervals. Riders will be grouped in categories. Start times for categories & riders will be posted on the web site (bouldercycling.org) and the ACA web site. Team time trial starts shortly after individual TT with 2 minute intervals (1 minute intervals may be instituted if field sizes are large) in same category order as individual TT.

Course Records: *Women - Kimberly Bruckner; T-Mobile - 16:49 (2004) Men - Chris Baldwin; Navigators - 14:47 (2003)*

Team Time Trial – Senior and Master BAT: TTT for best all around team – don’t miss it! Men: 4 or 3 person teams - time on 3rd finisher. Women: 4 – 2 person teams – time on 2nd finisher. All ACA rules apply and all BAT categories will be scored. All riders must be in the same category & on the same team to be scored. **Pre-register on-line with team name and individual riders names.** The team time trial is not BAR.

Course: 11 kilometer course - out only with no turn around. This is a time trial - time trial rules apply. Riders start individually and may not draft each other. The first 5k are on the shoulder of highway 66, it is flat & straight. The next 6k are uphill with 180m climbing, the last 500 meters are 13% grade. You must ride back to the start. Support vehicles are prohibited.

Registration: Entry fee is \$25 for all riders. There is an additional fee of \$10 per rider for the TTT, regardless of the number of team riders. Juniors - free if racing junior. All racers must have ACA license (1 day ACA licenses available for \$10).

On-line, Pre-registration only, through sportsbaseonline.com until midnight April 30. Pick up numbers & check in on race day at Hygiene Elementary School, starting at 7:00 am, closes 30 minutes before each category. Questions – race@bouldercycling.org or 303-567-4901 or 970-484-0826.

Directions: From Boulder: US 36 north to Lyons, right on highway 66 toward Longmont, right on 75th street toward Hygiene. Park at the elementary school on you left. Ride to the start from Boulder!

From Denver or Fort Collins: I-25 to Longmont exit, take highway 66 toward Lyons, left on 75 street (past Longmont), park at Hygiene Elementary on your left.

Prizes: Peerless Tire certificate for fastest male & fastest female. Medals for category placing. Prize list to be determined. Results posted at start as soon as possible after each category and on the ACA web site. Prize pick up at registration only, no prizes will be mailed.

Race will run regardless of weather conditions- cancellation if referee deems conditions unsafe.

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